













# DIVORCE PROCESS OPTIONS

Process includes:	Collaborative Divorce	Mediation with Attorney Advice	Mediation (no attorneys)	Litigation & Arbitration	Attorney Negotiation	DIY with Attorney Review	Do It Yourself
 Emotion Coaching	✓	+	+	+	+	✗	✗
 Financial Advice	✓	+	+	+	+	✗	✗
 Legal Information & Research	✓	✓	✗	✓	✓	✓	+
 Legal Advice	✓	✓	✗	✓	✓	✓	+
 Communication Strengthening	✓	✓	✓	✗	✗	✗	✗
 Co-Parenting Advice	✓	✓	✓	+	+	✗	✗
 Self-Determination	✓	✓	✓	✗	+	✓	✓
 Resolve Potential Future Issues	✓	✓	✓	+	+	✗	✗
 Negotiation Advocacy	✓	✓	✗	✓	✓	✗	✗
 Team Problem Solving	✓	+	✗	+	+	✗	✗
 Enforcing Your Right to a Trial	✗	✗	✗	✓	✗	✗	✗
 Obtain Enforceable Interim Orders	✗	✗	✗	✓	✗	✗	✗

✚ – Not typically included but can be added. Ask your professional if they have this training or recommend hiring additional professionals.

✗ – Requires that you handle this portion yourself.

Chart assumes competent professionals.

